

## Bridge the Gap

Strengthen the social and digital participation of older people together

10/2020 – 09/2022

### Initiator

ERASMUS+

### Objectives

The ERASMUS+ project "Bridge the Gap!" wanted to find creative and sustainable ways to strengthen the autonomy and the social and digital participation of older people – together with older people. In the project, older people were empowered and strengthened to explore their cities and neighbourhoods and co-create age-friendly environments with the help of digital tools. "Bridge the Gap!" aimed to reach interested older people and practitioners in (local) initiatives and organisations that work with older target groups.

### Implementation

In the project, a **factsheet** that discusses the social and digital participation of older people and presents inspiring examples of participation was developed. In addition, a **training curriculum** formed the basis of the training implementation in the participating countries. The **training kit** provides the methods, the learnings and the practical tips collected in the project. All experiences and results of the project were edited and provided for free as **e-learning material**.

The project and the training provisions were implemented in five European countries. The project partners were ISIS (project coordination, Germany), Lunaria (Italy), AFEdeMy (Netherlands), Seniors Initiatives Centre (Lithuania) und queraum (Austria).

### Your contact

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