Trialog – Health literate youth work

03/2023 – 08/2024

Initiator
Fonds Gesundes Österreich

Objectives

The "Trialog health literate youth work“ was the next step in the development of health literacy in (open) youth work. The project had three target groups: young people, staff members of open youth work and municipalities.

The project aimed to strengthen health and climate competences of young people, youth workers and municipalities with specific methods. These methods can be applied separately or in combination and may be used independently by the youth workers and the municipalities. They are related to the nine criteria of health literate youth work and thus allow for an enrichment of the standards in practice.

During the 20 months of the project, the methods were developed, tested and described for the "Trialog health literate youth work“. Practitioners of open youth work and representatives of municipalities were involved in the development and description of the methods from the beginning. The ideas was to develop methods that can be applied independently by the practitioners also after the end of the project. The "Trialog health literate youth work" should be a standard element of health literate open youth work in Austria.

Implementation

Three sets of methods that were developed and implemented in the project form the "Trialog health literate youth work". Each target group has its own set of methods that can be applied individually or in combination – once combined they represent the "Trialog".

queraum supported the project in all steps – above all in the development and implementation of the methods for young people and staff members of open youth work.

The project was coordinated by bOJA (bundesweites Netzwerk Offene Jugendarbeit) and implemented together with queraum and Hallo Klima!.

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