



# SEE U – Senior Explorers of Urban Environments

Older people discover the neighbourhood digitally

12/2022 – 11/2024

## Initiator

Erasmus+

## Objectives

The aim of the project was to train and empower older people to explore their neighbourhood with the help of digital tools. In low-threshold workshops, the participants jointly developed app-based walks in their living environment. These walks were then tested together with other interested peers and made accessible for others free of charge.

The target group of the project were older women and men in the post-professional phase who wanted to develop and offer free interactive web-based walks together with and for older people.

## Implementation

Partners in Austria, Slovenia and The Czech Republic developed a training concept and provided workshops with and for older people, who were interested in developing their individual web-based tours and explore their neighbourhoods with others. All digital tours are available on the SEE U website. For tours developed in Vienna also have a look at the Platform Los geht's Wien. In addition to these digital tours, an Online Manual with instructions and materials for the creation of web-based tours especially for and with older people is available. With the SEE U Handbook we make the experiences gained in our project visible and provide inspiring examples of tours and tools.

## Partnership

SEE U involved partner organisations in five European countries: Letokruh, z.ú. (Czech Republic), Slovenian Third Age University (Slovenia), GERONTOLOGIE (Switzerland), AGE Platform Europe (Belgium) and queraum. cultural and social research (Austria, EU-coordination)

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