

What are the effects of the personal assistance and support provided by LOK?

04/2017 – 10/2018

Initiator

Verein LOK – Leben ohne Krankenhaus

Objectives

The aim of the research project was to find out about the effects of the personal assistance and support provided by LOK – from the view of both clients and staff of LOK. We wanted to look at how the clients are supported to live an autonomous life and develop their individual life plans in spite of their mental health problems. In our research we mainly focussed on the relationship between the clients and their supporters.

Implementation

The entire research process was designed to develop an object-related and practically oriented theory of professional relationship work. Furthermore we developed criteria and conditions for the facilitation of supportive relationships between persons with mental health problems and LOK staff members.

The various perspectives of LOK stakeholders were considered in the research work that was based on a participative action research approach. Our research was explorative, qualitative and cyclical – as it was based on Grounded Theory. A steering committee supported the research process. Focus groups and short interviews with clients and staff members were followed by a participative investigation that included in-depth interviews combined with photo voice, research journals etc. The research results were then analysed together with clients, staff members and managers of LOK in participative workshops.

Partner:

Universität Wien – Institut für Bildungswissenschaften, Inklusive Pädagogik

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