Inclusive sustainability

05/2022 – 04/2023

Initiator
LebensGroß

Objectives

The aim of this study was to find out, if and how an ecologically sustainable lifestyle is possible for vulnerable people. The research focussed on two target groups: Persons with disabilities on the one hand, persons at risk of poverty on the other hand. The study tried to answer the following questions: How informed are these target groups about climate change and the ecological responsibility of decision-makers in politics and economics and of the society as a whole? Which opportunities do vulnerable groups have to live a sustainable lifestyle? Which possibilities of making themselves heard do they have?

Implementation

Diverse and differentiated insights into the living environments and opportunities of vulnerable people are necessary to answer the complex questions underlying the study. A qualitative approach has been selected in order to obtain this kind of insights.

The main issues, the research questions and the design of the study were planned together with the inclusive Research Group Human Rights. The study was based on participative interviews and focus groups as well as expert interviews and was co-produced together with the inclusive Research Group. The participative analysis of the data and the discussion of results was also carried out together with the group.

Project partners:

Forschungsbüro für Menschenrechte von LebensGroß

The Research Group Human Rights is a workshop of *LebensGroß.* It aims to research participatively into issues that are relevant to everybody. The research results should inspire ideas for better lives for people with a disability. Adults with learning disabilities and/or other (mainly physical) disabilities are part of a multi-professional team and work in inclusive research projects. These projects are designed entirely inclusive (research, analysis, discussion…) and follow common research standards. This approach – people with disabilities research into issues relevant to people with disabilities – shed light on the daily lives and coping strategies of persons with a disability.

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